

7-8	9-12	Post-Secondary
Career Exploration	Career Preparation	Career Management
<p><input type="checkbox"/> Sign in to Bridges Career Information System to:</p> <ul style="list-style-type: none"> ▪ Access North Dakota career cluster information ▪ Check on the job market information ▪ Complete interest assessments ▪ Develop an individual electronic portfolio ▪ Choose career clusters that match interests and strengths ▪ Explore post-secondary options in chosen clusters ▪ Begin developing an Education & Career Action Plan (ECAP) <p><input type="checkbox"/> Meet with counselor to review ECAP</p> <p><input type="checkbox"/> Register for high school classes</p> <p><input type="checkbox"/> Participate in Extended Learning Experiences:</p> <ul style="list-style-type: none"> ▪ Field Trips ▪ Guest Speakers ▪ Career Fairs ▪ Career Research ▪ Informational Interviews ▪ Hands-on world of work experiences ▪ Volunteer service <p><input type="checkbox"/> Development and reinforcement of soft skills:</p> <ul style="list-style-type: none"> ▪ Communication ▪ Problem solving ▪ Decision making ▪ Team work 	<p><input type="checkbox"/> Sign in to Bridges Career Information System to:</p> <ul style="list-style-type: none"> ▪ Access North Dakota career cluster and pathway information ▪ Research job market information ▪ Complete interest & aptitude assessments ▪ Continue to develop individual electronic portfolio ▪ Select career clusters that match interests and strengths ▪ Select pathway that can be updated annually ▪ Identify a program of study and develop a post-secondary education and training plan ▪ Continue to develop an Education & Career Action Plan <p><input type="checkbox"/> Meet with counselor to analyze, evaluate and update Education & Career Action Plan (ECAP)</p> <p><input type="checkbox"/> Select and register for course work that aligns with career interests and aptitudes</p> <p><input type="checkbox"/> Identify post-secondary goals</p> <p><input type="checkbox"/> Participate in Extended Learning Experiences:</p> <ul style="list-style-type: none"> ▪ Field Trips/facility tours ▪ Guest Speakers ▪ Involvement in student organizations ▪ Career & College Fairs ▪ Career Academies ▪ Career Research ▪ Job Shadowing, Internships ▪ Volunteer service <p><input type="checkbox"/> Continue to develop and reinforce soft skills</p>	<p><input type="checkbox"/> Sign in to Bridges Career Information System to:</p> <ul style="list-style-type: none"> ▪ Access North Dakota career cluster information ▪ Receive updates on job market information ▪ Access and use individual electronic portfolio ▪ Review post-secondary choices and continue the development of an Education & Career Action Plan ▪ Explore financial aid resources ▪ Use resume and job application tools on Bridges and CRN websites <p><input type="checkbox"/> Register for post-secondary courses</p> <p><input type="checkbox"/> Meet with counselor to evaluate and update ECAP</p> <p><input type="checkbox"/> Participate in Extended Learning Experiences:</p> <ul style="list-style-type: none"> ▪ Field Trips ▪ Guest Speakers ▪ Job Fairs ▪ Career Research ▪ Internships ▪ Professional associations ▪ Apprenticeships ▪ Employment ▪ Volunteer service <p><input type="checkbox"/> Continue to develop and reinforce soft skills</p>